

## Workshop on building resilient communities concludes

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A three-day international Global Facilitators Serving Communities workshop organised by the Institute of Cultural Affairs Nepal on facilitative crisis and disaster intervention to build resilient communities concluded today.

Mark Pixley, director of GFSC, who is an experienced facilitator and organisational change consultant with Leadership Inc a leading provider of facilitation services to the corporate community in China and Asia also attended the workshop.

A total of 25 people from different walks of life attended the workshop. The training of trainers was aimed at people who are willing to work with the community in order to help them get over trauma and adopt effective strategies that lead to a resilient lifestyle.

The workshop focused on "Organizational Transformation: Methods of Self-directed Change." It introduced the GFSC crisis, change, choice model for disaster recovery, which provide facilitation tools that can be used with

communities to process their experiences and take responsibility for their recovery.

The workshop followed the GFSC model of disaster intervention. According to the facilitator, the model has been tried in many communities around the world that have been through highly traumatic events and has been proven to be incredibly effective.

The GFSC model stresses on crisis that leads to inevitable change. The change opens ways to many choices. While the right choice does not necessarily lead the society back to how it was, it helps build a resilient community.

ICA Nepal is a leading NGO working in the field of human development. Dr Tatwa Prasad Timsina, chairperson, ICA Nepal said the organisation has always focused on areas of human development.

Atma Ram Upadhyaya, one of the participants who is also a facilitator, said the workshop was very effective for its engaging content and the GFSC model it used.

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