



Country in utter shock

On 25th of April, 7.9 magnitude of earthquake hit Nepal followed by 100 aftershocks taking away thousands of lives, uncountable number of houses and numerous national heritages. ICA, Nepal on the very next day started the relief program visiting various places around Kathmandu which were adversely affected. Relief program began immediately on the next day of the devastating earthquake distributing drinking water to the neighboring district of Kathmandu i.e. Bhaktapur and a village named Bungamati followed by Blood Donation by the ICA Team.

ICA Nepal heeding victim's need

Various other relief activities were carried out throughout and ICA Nepal was reaching out hands to the affected areas in every possible way. Our team reached to Sindupalchowk and Dhading, which had a detrimental affect of the earthquake, with the relief materials for survival of a complete family with four members. On the other hand, ICA Nepal conducted Social Artistry training on 1st May for community development activities along with leadership training to more than 100 people at Changunarayan.

Having visualized with every possibility of helping people thru an eagle's eye ICA Nepal started reaching out the NGO's, Schools and Individuals. ICA Team visited to three different NGO's with people with disability. People from these NGO's were struggling with crisis of food; hence ICA provided them with food which could suffice them for a month. Apart from this, stationeries were provided to a community school named Triratna School. While, the relief works were extended towards various

communities, districts and villages like Nala, Shangla and massively devastated district Gorkha.

International support to crisis

Nepal received world wide support for rescue, relief and rehabilitation. India, Korea, China, Pakistan, US, Russia and many other nations provided support immediately after the disaster. There was a high sense of patriotism among the youth during the upheaval. More than US\$40 billion of foreign aid was collected in



- Major earthquake of 7.9 Magnitude struck on 25th of April 2015
- More than 9,000 people died and more than 23,000 people injured
- Disaster struck districts: Kavrepalanchowk, Dhading, Sindhupalchowk, Kathmandu, Bhaktapur, Lalitpur, Rasuwa, Nuwakot
- Immediate response was given by youths, NGOs, INGOs, Government bodies and International communities



ICA Nepal in relief and rehabilitation

ICA Nepal helped the country stand back like any other person at that time did. ICA Nepal with the help of some national and international volunteers started the relief distribution from the 2nd day of the ravaging quake and the effort is still on following are the areas ICA Nepal covered while post-quake.



NGOs supported by ICA Nepal

ICA Nepal supported mostly all of the NGOs under its influence during the hard time of devastation but three of them were in dire need of relief. DSC, EPSA and NIBDA are the three organizations, who were hard put due to the damage they faced. DSC and EPSA were fully and partly damaged due to the quake, ICA Nepal provided them with food materials and tarpaulins for temporary shelter. ICA Nepal with the support from ICA Australia and other various generous donors are building the house for the PWDs.



ICA Nepal has been supporting a learning center in CHangunarayan, Bhaktapur since a long time. The center also faced heavy damages due to the quake. Now ICA Nepal with the support from ICA Japan is working to reconstruct and in fact renovate the center.

Learning Center, Changunarayan

The proposed plan for the expansion of the learning center includes a playground for the children and a recreation center for the elderly along with the renovation of the already existing building of the center.

Disabled Service Center (DSC)

The construction of the new house for the PWDs, has been proposed as they have lost their shelter to the ravaging earthquake. The house is designed as to fit the currently residing PWDs. The following location is proposed for the construction.





Earthquake resistant Cost effective Earth-bag Home

With the initiation and financial support from ICA Nepal and, various donors and volunteers themselves built Earth-bag home, a house made out of sacks filled with soil and aligned together then plastered with mud was made in Changunarayan village for an elderly, who lost his house to earthquake. This was the pilot project of ICA Nepal carried out by the initiation of volunteers of India and USA. Earth-bag home which is resistant to earthquake and other natural disaster is made entirely from sacks with rubbles inside. It has the durability of almost 80 years.



Other relief and rehabilitation efforts

Relief materials which included food items, clothes, tarpaulins, medicines were distributed by ICA Nepal with the collaboration of Rotary clubs. The relief materials were sent to various affected districts such as Dhading, Sindhupalchowk, Gorkha, Changunarayan, Nala, etc. ICA Nepal supported various other NGOs too to supply relief materials to the victims. ICA Nepal distributed stationery materials and food supplies to Tri- Chandra School in Bungmati. Later on to improve the coping mechanism of the teachers they were provided with Psycho social training. It served various disaster struck people from within the valley with immediate relief materials like food, water and Tarpaulins. ICA Nepal also helped small NGOs like Bright Nepal with food materials, clothes and other emergency stuff including medicines.

ICA supporters (Volunteers)

ICA Nepal had welcomed supports from national and international volunteers offering their time, energy and money to help in the rehabilitation process in the aftermath of the devastating quake and subsequent aftershocks. Almost 10 volunteers from Rotract club of Rudramati Nepal, 5 from different parts of India and 2 from the USA





Social Artistry Training Post Earthquake

After Nepal was hit by the massive earthquake in 25th April, ICA Nepal conducted series of Social Artistry and leadership training for psycho-emotional support to the victims. Various communities, organizations and school/college were provided the training of psycho-emotional trauma relief training where the tools of Social Artistry were used. ICA Nepal acknowledges Jean Houston, Peggy Dean and Jean Houston Foundation for their support to launch earthquake relief and recovery activities.

Social Artistry Training to School Teachers, Students and School Management Committee



Psycho-emotional trauma relief training was provided using Social Artistry tools at South Point boarding high school on 29th May, 2015. The teachers and

stakeholders of school were the participant in the training. There were 30 participants and trainer Amba Datta Bhatta and Atma Ram Timsina provided the training. Likewise, similar training was provided to the students and teachers of Olynpia School and Tri Ratna School, Bungmati. With the similar purpose of trauma relief and psycho-emotional support, Social Artistry leadership training was provided to members and stakeholders of the Institute of Banking and Management Studies (IBMS) on 1st June, 2015. The training was conducted at its premises at Chakupat, Lalitpur among 25 participants. Mr Amba Datta Bhatta and Mr Atma Ram Upadhyaya were the trainers.



Association of Wives of Civil Service Employees

Similarly, Social Artistry training for Psycho-social recovery was provided to wives of service employees on June 24th, 2015. Amba Datta Bhatta, Atma Ram Upadhyaya and Pramila KC were the trainers.

APRM in India this November!!!

ICA India is going to organize ICA Asia Pacific Regional Meeting which is scheduled to take place from Nov 29 to Dec 5, 2015.

Venue: Near Pune, India at the ICA India EEC- Environment Education Center

ICAs from around the globe are cordially invited!!!

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